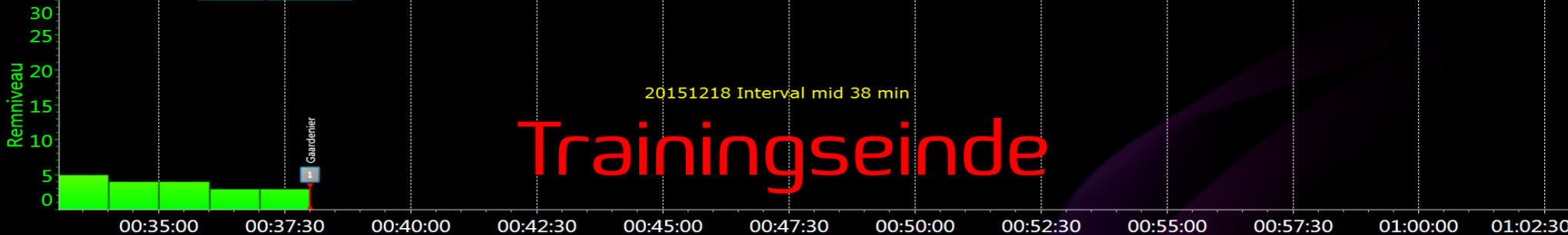
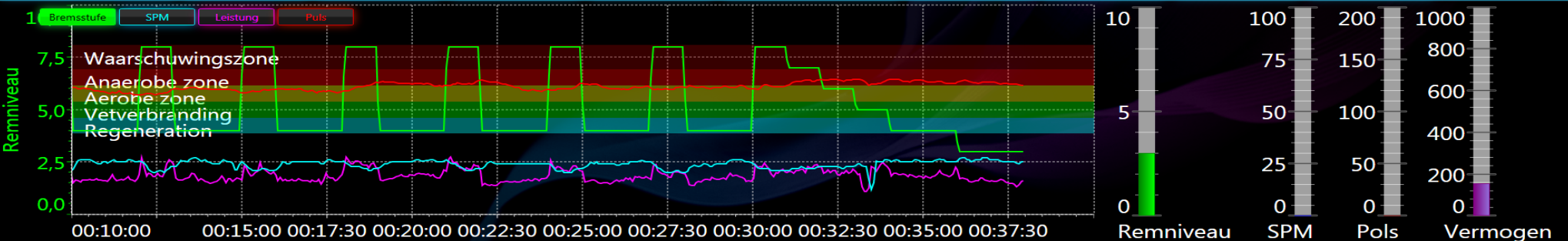


20151218 Interval mid 38 min

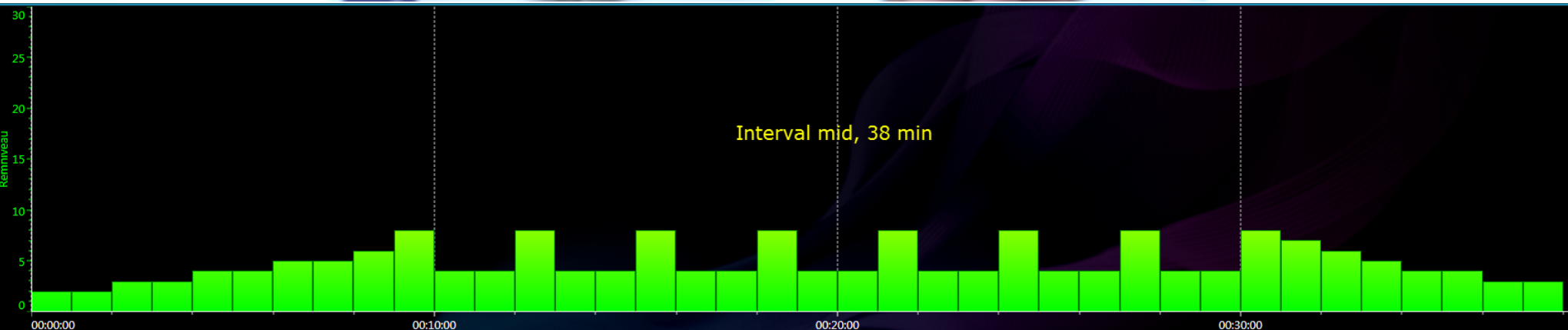
Trainingseinde



Tijd	km	km/h	Remniveau	Vermogen	Max vermogen	kJ	Slagen	SPM	Pols
00:38:00	7,37	0,0	3	156	251	2473	918	0	0
1.05:22:00		Ø 11,7		Ø 180	Ø 312			Ø 24	Ø 119,0



User: Leo Aerts
Apparaat: COACH S 428C81



Traject: Interval MID
Lengte: 00:38:00
Het laatst gereden: -
Niveaus: 2-8

Gebuikersinstellingen Wijzigen

Start
Start met pacen